EFFECT OF CMHN APPLICATION TOWARDS NURSES ABILITIES IN WORKING AREA OF MOJOKERTO HEALTH DEPARTMENT


*Presenting author Email: mawaddah.xecs@gmail.com, Phone: +6281956342065

The problem of mental health in the community not only affect the individual but also the family and the community itself. So it was necessary training of health workers, especially mental health nurses, to improve skills in handling of patients with mental health problems. This study aim was to determine the application of CMHN program on the ability of nurses in providing mental health nursing services. This research used pre experimental design with one group pre post test design approach. This study involved 18 nurses in working area of Department Health of Mojokerto District selected by purposive sampling, with the criteria of the nurse who handled the mental health program and followed the whole session of the activity. Interventions given was the BC-CMHN program for 5 sessions of activities, then the cognitive and psychomotor skills of the nurse measured before and after the intervention and data analyzed with T test statistic test. The results showed that there were significant differences in the cognitive and psychomotor ability of nurses before and after intervention (p = 0.000 < 0.05), with mean difference of 7 point cognitive ability and 25 points for psychomotor ability. This means that the CMHN program improved the ability of nurses in mental nursing services. Through the application of CMHN in primary care expected to be a guide for Puskesmas efforts in overcoming mental health problems in the community, so that psychiatric patients will receive services that enable them to be self-reliant and productive.

Keywords: CMHN, Cognitive Ability, Mental Health, Nurse in Primary Services, Psychomotor Abilities

ANALYSIS OF SMOKING BEHAVIOUR BASED ON SEX AMONG JUNIOR HIGH SCHOOL STUDENTS

Diah Wijayanti Sutha 1, 2

1STIKES Yayasan Rumah Sakit dr. Soetomo Surabaya
2Presenting author Email: diahwsutha@gmail.com

Smoking has a negative effect on female's reproductive health and also increases the risk of impotence for male. Female smokers even have a higher risk of having babies with low birth weight. Adolescents tend to have the potential of cigarette addiction. This study aims to analysis smoking behavior and knowledge about smoking by sex among students of Junior High School. This type of research is analytical research with Cross Sectional approach. Population in this study was all students of Junior High School in Sampang District. The sampling technique used was Stratified Random Sampling based on the class of respondents and obtained sample of 273 students. The research instruments used were questionnaire and observation sheet. This study was analyzed used the Chi square test. The results of this study showed that 98 students have smoking behavior. The smoking behavior done by 94 male students and 4 female students. As many as 70.7% of students has low knowledge about smoking behavior and never had received any health education before. The analysis of this study also revealed that the students still need information about the dangers of cigarettes, why does smoking can cause addiction and disease, as well as the impact of smoking on either active or passive smokers. The low knowledge of respondents can causes positive attitude toward smoking behavior. Young female smokers should be huge concern, considering female smokers have a great negative impacts on infant mortality. Female have crucial factor in creating healthy offspring.

Keywords: Junior High School Students, Knowledge, Sex, Smoking Behavior